

Physical Therapy

Purpose:

The CVH Physical Therapy Services provide treatment to individuals with some form of physical disability that are inpatients or on leave from CVH. These may include independence in Activities of Daily Living (by increasing strength, increasing range of motion, and providing assistive devices); control of pain; and an understanding of the physical limitations which their disease or injury creates. Physical Therapy Services are located in Page Hall, 1st Floor and are Administratively Supervised by the Director of Ambulatory Care and the Director of Medical Services.

Policy:

1. **Referral Procedure:**
The physician writes an order for an evaluation and/or treatment in the Physician's Order Section of patient's chart or checks the PT Referral box on the CVH-575 Form. The RN transcribing the order will call Physical Therapy (x6013) and inform the PT staff of the patient's name, MPI number, unit and the reason for the referral. (See Physical Therapy Manual; Section 21) The CVH-575 form is faxed to x7012.
2. **Assessments:**
A Physical Therapy Assessment is completed (documented on CVH-334, CVH-448, CVH-462, CVH-52, CVH-463, CVH-501 or CVH-504 form) prior to beginning Physical Therapy to determine the patient's physical health needs. (See Physical Therapy Manual; Section 21)
3. **Treatments:**
Based on the Physical Therapy Assessment, the patient's wants and needs and the physician's recommendations, a physical therapy treatment plan is created and initiated. (See Physical Therapy Manual; Section 17 & 18) and is referenced in the Master Treatment Plan.
4. **Consultation Services Coordination:**
Physical Therapy coordinates services between the Physiatrist, Orthotist, Prosthetist, Community Services, Neurologist, Podiatrist, and Rehabilitation Equipment Services Specialists and the patient.
5. **Equipment Procurement:**
Equipment needed by individual patients to promote independence may be ordered through Physical Therapy.
6. **Patient, Family and Staff Education:**
Physical Therapists provide training concerning Physical Therapy Treatment Services and equipment to patients, direct care staff, family members and community support staff. (See Physical Therapy Manual; Section 4)
7. **Discontinuation/ Discharge from Physical Therapy:**
Discharge from Physical Therapy occurs when treatment objectives have been met, the patient repeatedly refuses PT Services, the patient is discharged from CVH, the prescribing practitioner discontinues treatment or the patient develops a new medical condition that is contraindicated for the current therapy. (See Physical Therapy Manual; Section 11)